

October 2, 2009

Dear Parents:

Again, Union Hill I.S.D. would like to let you know we are taking measures to reduce the spread of the flu virus. There are known cases of the flu virus in our district at this time. The district is keeping close communication with local public health officials.

We are educating the students, faculty and staff to cover coughs or sneezes using their elbow instead of their hand whenever possible or a tissue should be used. We are encouraging good hand hygiene and providing time and supplies for them to wash their hands as often as possible.

Our maintenance and custodian staff are cleaning surfaces and items that are likely to have frequent hand contact such as desks, door knobs, keyboards, etc.

Remember, signs and symptoms of the flu include: fever (100 degrees Fahrenheit or higher), cough, sore throat, runny or stuffy nose, body aches, headache, and feeling very tired. Some people may also vomit or have diarrhea. Please, if you are sick, stay home at least 24 hours after you no longer have a fever or signs of a fever. Anyone who is determined to be sick while at school will be sent home.

The district will have a representative from the Texas Department of State Health Services here to speak to all students, parents and community members, on Tuesday, October 13, 2009, at 6:30 P.M., in the school's cafeteria. Topic for discussion will be the H1N1 Virus.

Also, our school nurse will arrange for the H1N1 shots to be administered here on our campus. Notification of the date shots will be given will be sent home by students.

With adequate planning, the flu season should not cause a significant disruption to our student's education.

Sincerely,

Sharon A. Richardson
Superintendent of Schools
Union Hill I.S.D.

